



How to Access Your Carrier Member ID Card

IMPORTANT NOTE: In 2025, all California Schools VEBA carriers are transitioning to digital ID cards. Physical ID cards will no longer be automatically mailed to you.

PRO TIP: Download or screenshot your digital IDs on your mobile device and upload them to the MyVEBA app to have all your IDs in one place.

UnitedHealthcare (UHC)

To view/print your digital ID card, follow these steps:

Don't have a username and password yet?

- Visit myuhc.com
- Click "Register"
- Enter the required information

Computer:

- Visit myuhc.com
- Click "Sign In" to enter your username and password
- Click "View ID Card"
- View your ID card to print

Mobile device:

- Download the UnitedHealthcare app
- Sign in with your username and password
- Click "View Medical ID" to view your Member ID card
- Use the mobile app to show your Member ID card
 - You can also add the Medical ID to your Apple/Google Wallet
 - Quickly save your new UHC Medical ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call UnitedHealthcare Customer Service: **888-586-6365**

Surest

How to Pre-register:

- Visit Join.Surest.com
- Enter Email or Mobile Phone #
- Enter Access Code: Cali2024
- Accept the “term of use” and “privacy policy.”
- Enter continue.
- A security code will be sent to the email or mobile phone # you entered.
- Enter the 6-digit security code onto the next screen.
- A pop-up box will appear, and you can choose “NO thanks” or “Remember me”.
- Once you make a selection, you will be directed to the Surest landing page where you can start your search.

How to Register as a Member:

- Visit Benefits.Surest.com
- If you have yet to register, please click on “Register” button on the bottom of your screen under “New Member?”
- New member - Create your Account.
- Enter the following information requested: Last Name, DOB, Zip Code, Member ID #
 - (Note: Members can also use their SSN to register if they do not have their Member ID readily available)
- IF the member is already registered, enter the email and password you created and click “log in.”
- The landing page will be the *Find Care Options*:

How to Find/ Download an ID Card:

- Visit Benefits.Surest.com
- On the landing page that says, “Find Care Options”, there is a Tile on the top that says, ID CARDS
- Select the “ID Card” tile, it will take you to the next screen where you can either:
 - 1) view your virtual ID Card OR
 - 2) request a physical ID Card
- IF you select “View Cards”, you will be able to view both the front and back of your Virtual ID Card
 - You have the capability to Print ID Card(s) on the top right corner.
- IF you select “Request” ID Cards, one will be mailed to you.
 - Please give 5-10 business days for a physical card to be mailed to you.

Mobile Device:

- Download the Surest app.
- Sign in with your username and password.
 - IF you have not registered yet, same as on the computer, there’s an option for you to “Register” and follow the same steps as above.
- Once you are logged in, click “Your plan” at the bottom of your mobile app to view your Member ID Card.
- Use the mobile app to show your Member ID card.
 - You can also add the Medical ID to your Apple/Google Wallet
 - Quickly save your new Surest member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call Surest Member Services: [866-683-6440](tel:866-683-6440)



Kaiser Permanente

To view/print your member information, follow these steps:

Don't have a username and password yet?

- Visit kp.org/newmember
- Click "Register"
- Click "Create my account" and enter the required information

Computer:

- Visit kp.org
- Click "Sign In" to enter your username and password
- At the top right under "My Account" click "Profile & Preferences"
- Click "Member Information" to view or print

Mobile device:

- Download the Kaiser Permanente app
- Click "Sign In" to enter your username and password
- From your dashboard, click the card icon (top right screen) to view your Member ID
- Use the mobile app to show your Member ID at your pharmacy or doctor's office
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new Kaiser Member ID card in the MyVEBA app for easy, on-the-go use!

IMPORTANT NOTE: Your Medical Record Number (MRN) – which identifies your medical records and membership information – is listed on your Kaiser member ID. If you do not have your MRN yet, you may not be able to create a new online account. If you need to access care before you receive your ID card, you must provide the group number and effective date of coverage at your appointment.

Questions or trouble accessing your account? Call Kaiser Permanente Member Services: **800-464-4000**

UMR – PPO Plans

To view/print your digital ID card, follow these steps:

Don't have a HealthSafe ID username and password yet?

- Visit umr.com
- Click "Register now"
- Enter the required information

Computer:

- Visit umr.com
- Click "Log in/Register"
- Select "Member" from the drop-down menu
- Click "Log in/Register with HealthSafe ID"
- Click "Sign in" to enter your HealthSafe ID username and password
- From the myMenu dashboard, click "ID Card" to view/print a temporary ID card

Mobile device:

- Download the UMR|Health app
- Click "Sign In" to enter your HealthSafe ID username and password
- View your ID Card to print/screenshot your temporary ID card

Questions or trouble accessing your account? Call UMR's HealthSafe ID Member Services: **800-826-9781**

Express Scripts

To view/print your digital ID card, follow these steps:

Don't have a username and password yet?

- Visit express-scripts.com
- Click "Register"
- Enter the required information

Computer:

- Visit express-scripts.com
- Click "Log In" to enter your username and password
- From the main menu, click "Account"
- Click "Member ID Card"
- Click "Download Card" to view/print your temporary Member ID card

Mobile device:

- Download the Express Scripts app
- Click the menu icon (top left screen)
- Go to "My Account"
- Select "Prescription ID Card"
- Use the mobile app to show your Member ID at your pharmacy or doctor's office
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new Express Scripts Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call Express Scripts Technical/Website Support: **800-711-5672**

Cigna

To view/print your digital ID card, follow these steps:

Don't have a username and password yet?

- Visit my.cigna.com
- Click "Register"
- Click "Start Registration"
- Enter the required information

Computer:

- Visit my.cigna.com
- Under Customer Login, enter your username and password to access your ID card
- Click "ID Cards" to view your card as well as any dependents' cards

Mobile device:

- Download the myCigna app
- Click "Log In" to enter your username and password to access your ID card
- Use the mobile app to show your Member ID at your pharmacy or doctor's office
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new Cigna Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call Cigna Customer Service: **800-244-6224**



SIMNSA

To view/print your digital ID card, follow these steps:

Computer:

- Visit simnsa.com
- Under "Appointments and Other Services" enter your ID number and password

Mobile device:

- Download the SIMNSA app
- Register with your SIMNSA ID number
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new SIMNSA Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or need help with your account? Call Member Services: **800-424-4652**

Delta Dental

To view/print your digital ID card, follow these steps:

Don't have a username and password yet?

- Visit deltadentalins.com
- Click "Log In" at the top of the page
- Click "Create an Account" button
- Identify your user type by selecting "Enrollee/Adult Dependent" from the drop-down list
- Enter the required information
- Create your username and password and enter your email address

Computer:

- Visit deltadentalins.com
- Click "Log In" to enter your username and password
- Click on "Print ID Card"

Mobile device:

- Download the Delta Dental app (by the Delta Dental Plans Association)
- Click "Sign in" if you have registered or click "Register" to join
- Log in to your account and see your ID card on the home screen
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new Delta Dental Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call Delta Dental: **800-422-4234** for HMO dental plans or **866-499-3001** for PPO dental plans.



VSP Vision Care

IMPORTANT NOTE: You do not need a VSP Member ID Card or policy information to receive care, only your Social Security Number (SSN). Notify your VSP network provider that you have VSP and provide your SSN. Your provider will use your SSN to look up your benefits.

To view/print your digital ID card, follow these steps:

Don't have a username and password yet?

- Visit vsp.com
- Click "Create an Account"
- Enter the required information
- Create your username and password

Computer:

- Visit vsp.com
- Click "Log In" to enter your username and password
- Click on "View Member ID Card" from your dashboard

Mobile device:

- Download the VSP Vision Care app and sign in
- From the dashboard click "Member ID Card"
- Use the mobile app to show your Member ID to your eye care provider
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new VSP Vision Care Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call VSP Customer Service: **800-877-7195**

EyeMed

To view/print your digital ID card, follow these steps:

Don't have a username and password yet?

- Visit eyemed.com
- Click "Log In" and then click "Member"
- Select "Need to register?"
- Enter the required information

Computer:

- Visit eyemed.com
- Click "Login" and then click "Member" to enter your email address and password
- Go to "Account" dropdown and click "Print My ID Card"

Mobile device:

- Download the EyeMed app and sign in
- Click on My ID Card button
- Use the mobile app to show your Member ID to your eye care provider
 - You can also add the Member ID to your Apple/Google Wallet
 - Quickly save your new EyeMed Member ID card in the MyVEBA app for easy, on-the-go use!

Questions or trouble accessing your account? Call EyeMed Customer Service: **866-939-3633**



VEBA Advocacy

Need help managing your care? Navigating your healthcare needs can be challenging, but the VEBA Advocacy Team is here to assist you every step of the way. When you have questions about your health plan, our dedicated team is ready to help.

The VEBA Advocacy Team can help:

- Resolve benefit-related issues
- Help with prescriptions and co-pays
- Schedule appointments or treatment
- Get a second opinion on a diagnosis or treatment plan
- Find chiropractic, acupuncture, or mental health services
- And more!

Contact the VEBA Advocacy Team Monday-Friday, 8 am – 5 pm: **888-276-0250** or vebaonline.com/contact

**Inquiries typically receive a response within 24 hours (excluding weekends/holidays)*
